



FLATIRONS DERMATOLOGY

Botox After-Care Instructions

Instructions

- No bending over or lying down for 3 hours, this may cause droopy brows or eyelids.
- After Botox, use the muscles by squinting and raising your eyebrows.
- Patients should avoid aspirin and non-steroidal anti-inflammatory drugs such as Motrin, Advil, St. John's Wart or high doses of Vitamin E supplements, etc. for 7 to 14 days prior to injection. These substances can cause increasing bruising or bleeding at the injection site.

What to Expect

- Temporary stinging, throbbing, swelling and bruising at the injection sites.
- The benefits of Botox injections usually last 4-6 months and then resolve.
- Patients notice a clinical effect between 5 days and 2 weeks following the injection.
- Some diffusion of the toxin may occur. This can cause a partial loss of movement and temporary weakness of nearby muscles. There have been rare reports of problem's breathing and swallowing.
- In rare cases, there can be a drooping of the eyelid or asymmetry of facial expression.

Follow-Up Care

- If there is any soreness or bruising, apply ice packs for 10 minutes per hour as needed.
- Return visit every 4-6 months to maintain results.

When to Call

- If you have droopy eyelids. You may benefit from eye-drops to reverse this effect.
- Some diffusion of the toxin may occur. This can cause a partial loss of movement and temporary weakness of nearby muscles. There have been rare reports of problem's with breathing and swallowing.
- If swelling and redness persist after a few days.
- If you have a severe Headache.
- If you have difficulty breathing or swallowing go immediately to the emergency room.

For Medical Questions, Please Call: (303) 404-3376

Dr. Christopher Smith M.D.

13605 Xavier Lane, Suite B, Broomfield, CO 80023

303.404.3376